

	Yes	No	Can't tell
Is the included population explicitly described?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Is the intervention and control explicitly described?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Is the setting (i.e., clinics, multi-site, primary care) explicitly described?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Are the outcomes explicitly described?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Are the outcome measurements valid (objective, using standard/validated measures)?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Is the study adequately randomised (i.e., the allocation process truly random)?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Is the randomisation method described?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Is the level of blinding reported?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Could the level of blinding affect the interpretation of the results (observer bias, bias in analysis, use of objective or subjective outcome measures, etc)?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Are both groups treated in exactly the same way apart from the intervention?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Are treatment and control groups similar at baseline?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Are any baseline differences explained and/or accounted for at analysis?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Are all randomised people accounted for at the end of the RCT?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Does the RCT present an intention-to-treat analysis?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Are final results based on more than 80% of people randomised?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Are all clinically relevant outcomes reported?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Does the RCT report a direct statistical analysis between groups?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Does the RCT report appropriate test statistics (absolute numbers, P values, confidence intervals with RRs/ORs/HRs)?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Does the RCT report on the clinical relevance/importance of the results?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Are the setting and intervention generalisable to routine clinical practice/care?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>